

Wrinkle & Sweat Reduction



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deeper ones are the normal result of ageing and the effects of gravity. Dynamic wrinkles are caused by strong muscles of expression, which force the skin to move and bunch.

With repeated frowning or squinting, or repetitive lip pursing through smoking, these muscles force the skin to develop hills and valleys so that the skin can contract and relax, rather like an accordion. These lines of expression are found mainly above the eyebrows, around the eyes, and on the forehead.

It is against these types of deep wrinkles that Botulinum Toxin injections work the best.

WHAT DOES THE PROCEDURE INVOLVE?

A very fine needle is passed through the skin into the superficial muscles, and a tiny amount of Bot-tox is injected into each overactive muscle, causing it to relax. It takes between 3-5 days for this to work and up to two weeks for it to become fully effective. The relaxation lasts for between 2 and 6 months, sometimes longer. During this time the muscle gets smaller since it is unable to exercise itself. Over a 3 to 6 month period the nerve impulses return allowing the muscle to contract again. After a number of injections, the muscle may have relaxed to the extent that it no longer has enough strength to create deep expression lines.

WHAT ARE THE RISKS AND LIKELY AFTER-EFFECTS?

Because Bot-tox is not permanent, all side effects are minor and short-lived. The most common ones are minor swelling, discomfort during injection and bruising. In some cases the toxin can migrate and cause a temporary weakness of nearby muscles. In rare cases there can be a drooping of an eyelid or asymmetry of facial expression. There are no long-term side effects.

WHAT IS IT?

Botox is short for Botulinum Toxin A which is a purified protein produced by the Clostridium Botulinum bacteria and is used for cosmetic purposes in an extremely diluted form, and doses used are 3000 times less than the toxic dose. In fact Bot-toxin has been used in the effective treatment of medical conditions for decades, and has only been more widely associated with cosmetic purposes in recent years.

WHAT DOES IT ACHIEVE?

- Wrinkle Reduction
- Sweat Reduction

WHY IS IT POPULAR AND WHAT ARE THE BENEFITS?

The most popular reason for having Bot-tox is that it temporarily smoothes out facial wrinkles, especially those caused through frowning and squinting. It is also used as a treatment to reduce excessive sweating.

There are two main types of facial wrinkles: dynamic wrinkles and static wrinkles of which the superficial ones are caused by the sun damage, and

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