

Brazilian Butt Lift With Fat Transfer

Many women (and men) are self-conscious about the size and shape of their bum and would prefer a more natural looking buttocks enhancement. The Brazilian bum lift (or BBL surgery) is designed to enhance the size and shape of the buttocks with a more natural, fuller look.



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New collagen is also created by the fat transfer and because fat contains stem cells that help create new tissue, a side effect of the Brazilian bum lift which many clients find is an improvement in the texture and tightness of skin.

The procedure involves very small incisions that are made into the buttocks which are use then used to transfer the fat through. This fat will provide your bum with a more youthful shape and appearance by tightening the skin and restoring volume to the area.

HOW LONG DOES BRAZILIAN BUTT LIFT TAKE?

This depends heavily on the individual and on various factors including your desired outcome (size and shape of your buttocks) and how much fat that needs to be harvested to complete the procedure. With this in mind, the BBL surgery takes anywhere between an hour and a half to three hours. You'll get a better idea after speaking to your surgeon during your consultation.

WHAT IS A BRAZILIAN BUTT LIFT?

The **Brazilian Bum Lift** procedure (also known as Brazilian butt augmentation) or **BBL surgery**, is a popular procedure commonly opted for by people looking for more natural looking buttocks enhancement. The aim of this minimally invasive surgical treatment is to increase the size, and provide an improvement to the shape of the buttocks.

On this page, you'll find the most frequently asked questions about our Brazilian butt lift procedure: The benefits, the ideal candidates for this surgery, what happens during the Brazilian bum lift surgery, the Brazilian butt lift cost and more.

WHAT HAPPENS DURING BBL SURGERY?

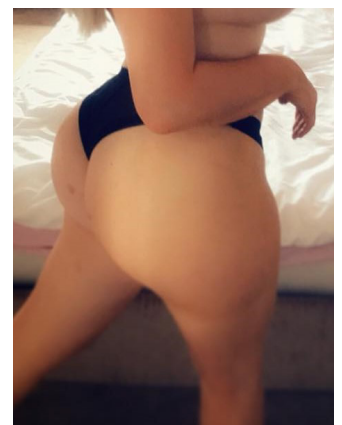
Simply speaking, the Brazilian Butt Lift is a fat transfer to the buttocks. Generally conducted under general anaesthesia, the BBL surgery is a day case procedure where fat is harvested from other areas of the body like the abdomen, back, hips or thighs and purified so that only the highest quality fat cells are used for injection to the buttocks.

The fat cells we harvest will be placed strategically in between layers of muscle and be close to a blood supply where your newly transferred fat will have a much better chance of survival, rather than being caught in the bodies natural absorption process.

Before



After



IDEAL CANDIDATES FOR BBL SURGERY

If you're a healthy adult who would like a more natural buttocks enhancement to improve the shape, size, contour or simply provide your bum with a 'lift' (or all of the above), then you could be a good candidate for this procedure.

Candidates should have enough fat to use in the transfer process and expectations of the final results from the procedure must be realistic. Your surgeon will ensure that this is the case during your consultation where you can both address any concerns or ask questions.

If you do fit this criteria, the Brazilian bum lift can prove an effective surgery for a natural looking butt enhancement in a fairly minimally invasive way.

RECOVERY FROM THE BUTT LIFT PROCEDURE

Our glutes are used on a daily basis to perform much of our movement in our daily lives. Because of this, there are some significant activity restrictions which you'll need to adhere to as you recover from your bum injections – your surgeon will outline these restrictions for you and it is highly recommended you follow them for the best outcome from your BBL surgery.

If patients work involves sitting down for much of the day, 3-4 weeks or more should be taken off from work. If less sitting is involved in your work, then at least 2 weeks should be planned off from work. Generally, a compression garment is worn for around 3-6 months following the procedure.

Pain and discomfort involved with the recovery can be controlled with prescribed medication, and patients should just try to take it easy and recover at their own pace. Final results should become apparent at about 6 months to one year, once swelling has subsided and the fat has had a chance to establish itself in the buttock enhancement area after transfer.

WHAT ARE THE RISKS AND LIKELY AFTER-EFFECTS?

Cosmetic Surgery, like any other surgery, involves a "trauma" to the human body and there are risks associated with any procedure. Each person's body is different, and your general health, level of fitness, age and genetic profile will all have an effect on the speed of healing and also on the risk of side-effects.

If you smoke, drink alcohol, are overweight and/or take drugs for medical or other reasons, the risk of complication during and after surgery can be greatly increased. Smoking, in particular, is discouraged because it increases the risk both of infection, wound breakdown and thrombosis (blood clots).

After Fat Transfer it is normal for all patients to experience tiredness, swelling, pain, bruising and temporary numbness. It is common that after Fat Transfer to Butt you lose some of the fat from the injected area during the first few months.

A surgical Fat Transfer is generally a safe procedure, but it can occasionally result in a collection of blood underneath the skin (haematoma), death of fat tissue (fat necrosis) and a recognised complication such as blockage in a blood vessel caused by a piece of fat (fat embolism) and thick, obvious scars-known as hypertrophic scars.

FULL POST-OPERATIVE COVER

We're confident that you will be delighted with the results. For that reason, we guarantee that we will provide post-operative cover for a full three years after your procedure. It's our way of ensuring that you have peace of mind and confidence in Linia.

PERIOD OF REFLECTION

Cosmetic surgery is a purely elective procedure and careful consideration should be given to both the potential benefits and the risks, before making a decision to proceed. Linia recommends that, following consultation with your surgeon, you allow a period of at least fourteen days before making a decision.

General matters pertaining to cosmetic surgery.

1. Expectations and limitations: Cosmetic surgery may satisfy many needs and often provides inner confidence. It may enhance your quality of life significantly. It is however, not the answer to all of life's problems. It is vital to understand the limitation of such surgery. The purpose of cosmetic surgery is to improve one's appearance. But do not expect miracles. Most patients understand these limitations and have a realistic view of what may be achieved. Wrong expectations and over expectations may lead to disappointment. Being realistic brings satisfaction.

2. General risks of Surgery and Anaesthesia such as blood clots, chest complications, pain and discomfort, infection, swelling, bruising, bleeding and haematoma, seroma, problems in the healing process, numbness, sensitivity etc.

3. Subjective Nature of Cosmetic Surgery: It has been emphasised that, the final assessment of the result is a matter of subjective opinion. Hence, while a probable expected result has been advised, this is in no way a guarantee of a good result.

4. Scars: All surgery involves creating some scars. Although these are placed in locations to hide, any scar, in theory, can become prominent. It normally takes 12-24 months for scars to fade away completely.

5. Time lag for final results: Every operation is followed by a period of healing, before tissues return to normal and the final result is apparent.

6. Numbness: Loss of sensitivity is a consequence of all surgery and it takes time for normal sensation to return.

7. Revisions and Refinements: Every operation may sometimes need more refinement to achieve a satisfactory end result.

8. General Asymmetry: Every human body is asymmetrical between left and right sides. This normal difference will persist after the surgery.

9. No guarantee can be given for final cup size following breast enlargement or reduction.

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