

Facelift



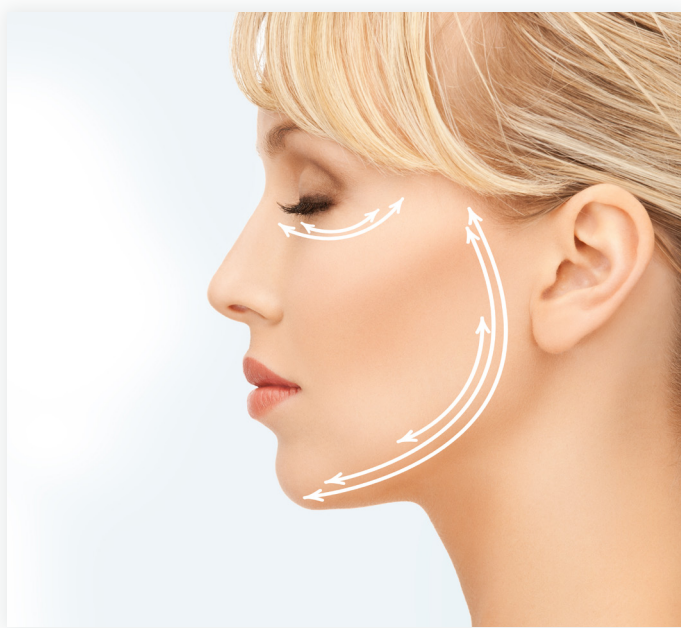
LINIA

0800 170 71 71

EXPERTS IN COSMETIC SURGERY

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WHAT ARE THE RISKS AND LIKELY AFTER-EFFECTS?

Cosmetic Surgery, like any other surgery, involves a “trauma” to the human body and there are risks associated with any procedure. Each person’s body is different, and your general health, level of fitness, age and genetic profile will all have an effect on the speed of healing and also on the risk of side-effects.

If you smoke, drink alcohol, are overweight and/or take drugs for medical or other reasons, the risk of complication during and after surgery can be greatly increased. Smoking, in particular, is discouraged because it increases the risk both of infection, wound breakdown and thrombosis (blood clots).

WHAT IT IS?

Facelift rejuvenates and enhances the face and neck by reversing the changes that have occurred with ageing.

WHY IS IT POPULAR AND WHAT ARE THE BENEFITS?

As we age our skin loses its elasticity, it becomes thinner and the muscles slacken. This causes wrinkles, creases and folds of skin to appear. The corners of the mouth can also droop creating a “jowly” appearance. Fat can also accumulate on the neck and beneath the chin. Whilst this is part of the natural ageing process, it is accelerated by factors such as weight loss, smoking or exposure to the sun. Facelift tightens facial skin and underlying muscles, giving a natural, youthful, “refreshed” look.

WHAT DOES THE PROCEDURE INVOLVE?

Facelift is generally performed under a general anaesthetic, although local anaesthetic/sedation is possible. Incisions are made in the existing skin creases and hair bearing regions surrounding the ear. The skin is lifted as a flap. The loose fat is removed and muscles tightened and lifted. Then excess skin is removed and stitched to create a smoother, more refined contour for your neck and jawline. You will find that this gets rid of loose skin and problem lines and wrinkles with the overall effect of giving the face and neck a much softer refreshed and younger look.

Before



After



After a facelift it is normal for all patients to experience some pain and discomfort, swelling, numbness and bruising. These symptoms can be controlled and reduced by taking regular prescribed medication.

WHAT WILL HAPPEN AFTER THE OPERATION?

Post-Op

Your surgeon will see you when you have come round from the anaesthetic to check that all is well. You'll be given medication and post-operative instructions and will wear a small bandage over the incision site for 1-2 days. You will also be given appropriate telephone numbers in case you need to contact us at any time.

Week 1-2

Most of our facelift patients resume normal activities after 7 days. It depends on the individual. You will also receive a check-up with our nurse 7-10 days after surgery to remove your stitches. The puffiness and bruising usually clears up in 2 weeks and normal make-up may then be applied.

Week 8-10

Your surgeon will see you again, usually 8-10 weeks after the procedure for a full post-operative consultation.

S-FACELIFT TECHNIQUE

Linia specialise in a number of facelift techniques, including the S-Facelift, which rejuvenates and enhances the face and neck by reversing the changes that have occurred with ageing. The "S" refers to the shape of the incision. The placement and length of the incision is varied according to the problem area being addressed, ie, mid face, lower face or neck. The basic principle is to make the shortest possible incision and hide it as much as possible so that any scarring is discreet.

OTHER MINIMAL ACCESS TECHNIQUES

Here at Linia, our surgeons specialise in various minimal access techniques.

Thread Lift

Thread Lift is suitable for younger patients. Threads are used to create lifting through very small incisions normally hidden in hair.

Minimal Access Cranial Suspension (MACS)

Tissues/muscles (SMAS) are lifted through small incisions hidden in the temple.

Minimal Access Cheek, Temple and Neck Lift

Can be performed on the same principles as above.

FULL POST-OPERATIVE COVER

We're confident that you will be delighted with the results. For that reason, we guarantee that we will provide post-operative cover for a full three years after your procedure. It's our way of ensuring that you have peace of mind and confidence in Linia.

PERIOD OF REFLECTION

Cosmetic surgery is a purely elective procedure and careful consideration should be given to both the potential benefits and the risks, before making a decision to proceed. Linia recommends that, following consultation with your surgeon, you allow a period of at least fourteen days before making a decision.

General matters pertaining to cosmetic surgery.

1. Expectations and limitations: Cosmetic surgery may satisfy many needs and often provides inner confidence. It may enhance your quality of life significantly. It is however, not the answer to all of life's problems. It is vital to understand the limitation of such surgery. The purpose of cosmetic surgery is to improve one's appearance. But do not expect miracles. Most patients understand these limitations and have a realistic view of what may be achieved. Wrong expectations and over expectations may lead to disappointment. Being realistic brings satisfaction.

2. General risks of Surgery and Anaesthesia such as blood clots, chest complications, pain and discomfort, infection, swelling, bruising, bleeding and haematoma, seroma, problems in the healing process, numbness, sensitivity etc.

3. Subjective Nature of Cosmetic Surgery: It has been emphasised that, the final assessment of the result is a matter of subjective opinion. Hence, while a probable expected result has been advised, this is in no way a guarantee of a good result.

4. Scars: All surgery involves creating some scars. Although these are placed in locations to hide, any scar, in theory, can become prominent. It normally takes 12-24 months for scars to fade away completely.

5. Time lag for final results: Every operation is followed by a period of healing, before tissues return to normal and the final result is apparent.

6. Numbness: Loss of sensitivity is a consequence of all surgery and it takes time for normal sensation to return.

7. Revisions and Refinements: Every operation may sometimes need more refinement to achieve a satisfactory end result.

8. General Asymmetry: Every human body is asymmetrical between left and right sides. This normal difference will persist after the surgery.

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